

Pre-Operative Instructions

- Please do not eat or drink anything after midnight the evening prior to your surgery. Or 8 hours prior if you are scheduled for an afternoon surgery.
- Do not take any blood thinners (Coumadin, Warfarin, Plavix, Aspirin) for 7 days prior to your surgery.
- Do not take any anti-inflammatory medications (Naprosyn, Ibuprofen, Etodolac, Meloxicam) for 5 days prior to your surgery.
- If you are diabetic, do not take any insulin or oral diabetes medications the night before or day of surgery.
- Please call the office if you are unsure of which medications you may take before surgery.

Pre-Operative Testing

- You will need to have blood work, a chest X-Ray and an EKG(heart tracing) done within 1-4 weeks prior to your surgery. These tests allow us to provide you with proper care during and immediately after your surgery.
- If you have certain medical conditions or if any of your pre-operative tests are abnormal you may be asked to get “clearance” before surgery. Unfortunately, this sometimes means we have to reschedule your surgery. Please understand that we are only concerned about your safety.

Day of Surgery Instructions

- Please bring your X-Ray/MRI/CT scans to the hospital on the day of surgery. This helps us to verify our plan and perform your surgery.
- Arrive at the hospital approximately 2 hours before your surgery time.
- Further blood work or testing may be performed when you arrive at the hospital.
- You will be asked to sign a consent form for the surgery, anesthesia and possible blood transfusion. It is very rare that a blood transfusion is required, but we ask that you consent to us giving you blood products in a critical situation.